



Hope Spring for all Nations

ANNUAL REPORT 2022



Hope Spring Nations | Cameroon

FOREWARD BY THE EXECUTIVE DIRECTOR

Hope Spring For All Nations | Annual Report 2022

Janet Sama Mesang

Chief Executive Director



As we reflect on the past year, we are filled with gratitude for the unwavering support that has made our work possible. The year

2022 has been a remarkable one, marked by numerous success stories from our beneficiaries. Despite the challenges, failures, and lessons learned, we have remained steadfast in our vision and commitment to serving our community. In 2023, Hope Spring for All Nations expanded its reach, providing essential services and life-changing programs to the most vulnerable.

One of our key initiatives was providing relief support to internationally displaced persons (IDPs) in Mamfe Central. We trained identified IDP women on commercial food crop farming, bookkeeping, and personal evaluation to help them keep records of their growth and continuity, as well as how to record incomes from their farms and convert their farming activities into more revenue-generating ventures to improve their standard of living.

Navigating the challenges of operating in Mamfe Central, an area affected by the Anglophone crisis, required resilience and adaptability. Our team worked closely with local partners and community leaders to ensure the safety of our staff and beneficiaries. We also implemented flexible programming that could be adjusted to meet the changing needs of the community.

Despite the challenges, we were able to successfully implement our programs and provide much-needed support to the IDP's and IDP women in Mamfe Central. I am immensely grateful to all of Hope Spring for All Nations' staff for their selfless service and bravery, and to all those who have contributed to the success of our organization. Together, we can create a future where every individual can thrive and reach their full potential.

As we envision 2023, we are filled with both excitement and anticipation. We have ambitious plans to expand our programs and reach even more people in need as well as to embrace all challenges that might come our way.

With heartfelt gratitude,

Janet Mesang Espe Sama

Founder and Executive Director

ORGANIZATION OVERVIEW

Hope Spring For All Nations (HSFAN) is a children driven as well as women driven Non-Profit and Non-Governmental Organization. It is as well, a people driven NGO that works for the promotion of Gender Equality and Women Empowerment in the communities, villages, and towns. **Hope Spring For All Nations** strives to improve quality education for all children there by enhancing a future generation of responsible citizens who will commit to improve the situation of their respective nations and bring about peaceful solutions to the issues of the state.

HSFAN was created in the year 2022 by some generous citizens who are concerned with the plight of children and women especially the most vulnerable persons in our communities. HSFAN's priority are the youths, children whose parents are unable to provide for the school and health needs and minority groups such as widows, single mothers, displaced persons and their families, orphans and children in distress, and persons suffering from diseases such as HIV and AIDS infected persons and fight against malarial infections among children. As such, Hope Spring For All Nations (HSFAN) has been involved in activities relating menstrual hygiene of girls in schools and communities in the Southwest Region of Cameroon, assessment of human rights violation and abuse in the Buea Municipality.

Sustainable livelihood programs through agricultural projects are being carried out in the English Speaking Regions of Cameroon with an objective to assist internally displaced persons and the most vulnerable people of the communities to be able to sustain a decent life and to have some basic needs for better living. HSFAN is committed to the respect of human right values as well as the dignity of people and their rights in the area of Sexual and Gender Based Violence, children's right to education, food, health and wellbeing, and the right to employment opportunities for all.

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Program Highlights

- **Program 1:** [Providing Relief Support to Internally Displaced Persons (IDPs) in Mamfe Central, Cameroon]

- **Program 2:** [Integrated commercial food crop farming for sustainable livelihood and well-being of internally displaced persons(women) in mamfe central]

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OUR STORY

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When I was 5, my parents told me the challenges they encountered as orphans. My mum became an orphan when she was 8 months old, while my Dad became an orphan at the age of 1. As destiny brings people together, they decide to settle down in their youth as orphans, though. When they told me a history of what they went through as kids without parents. They started telling me this history when I was 5 years old. I cried from time to time, and I began helping the needy with food. Whenever my mum gave me food, I would not eat all of it, I would share with the orphans we had around us in the community where I came from. My dress was always wet because I spent most of my time fetching water for the elderly in my community. I had three mad people I used to take care of until now. I still take care of one of them who is still alive, popularly known as “APISAH”. I’m so emotional that when I see cases like the ones I listed above, I always burst into tears. When I decided to do the gestures, I listed above and from the story of my parents, I said to myself I would create an organization for people like “these.” I still didn’t stop with this vision as I grew up, I knew God sent me for people like “them”, I decided to come up with HOPE SPRING FOR ALL NATIONS with the support of my Husband who has been single handedly funding the organization since 2019. From the name of the organization, I know it’s what God wants to use me to bring their wishes to reality or make their wishes arise and become a reality. I believe God blessed us to be a blessing to people like orphans, less privileged, children, and the elderly. I don’t feel fulfilled if I find someone who is in need around me and I don’t help them.

Here we are today with HOPE SPRING FOR ALL NATIONS

Hope Springs for All Nations (HSFAN) is a dedicated non-governmental organization (NGO) committed to fostering empowerment and promoting gender equality within vulnerable communities across Cameroon and globally. Established in accordance with Law No. 90/53 of 19 December 1990, which governs associations and NGOs in Cameroon, HSFAN stands as a beacon of hope and support for those in need. At the heart of our organization is a steadfast commitment to ensuring the rights and well-being of our members. The Executive Director/Founder plays a pivotal role in safeguarding these rights, ensuring every member receives fair treatment and has access to impartial hearings and judgments. HSFAN operates under a constitution that guides all our activities, embodying both our legislative framework and judicial oversight. This constitution guarantees the integrity and privacy of our organization, prohibiting any external interference unless explicitly authorized by decisions from our founder. As we move forward, we invite and encourage all our members to uphold the values of loyalty and respect towards our organizational framework. This constitution is the cornerstone upon which all our internal and external affairs rest, guiding us in our mission to create a more equitable and empowered world.

Mission

“Our mission is to actively reach out to and uplift the most vulnerable among us—children, youths, the elderly women/men—by providing essential support and resources to overcome poverty.

Vision

“Empowering the Vulnerable: Children, Youths and Elderly Women/men to Rise Above Poverty and Embrace Life’s Fullness. United by Hope and Love, We Stand with All Backgrounds in Every Corner, Protecting and Empowering for a Brighter Tomorrow.”

Our Values

E

Equity

We dedicated to reducing inequality and ensuring fair access to resources and opportunity for ..

C

Collaboration

We believe in the power of partnership and collaboration.

T

Transparency

Committed to improve standers in our country.

S

Sustainability

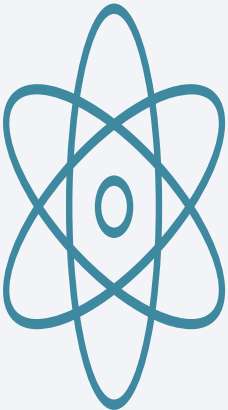
What we do is meant to last.

DEPARTMENTS



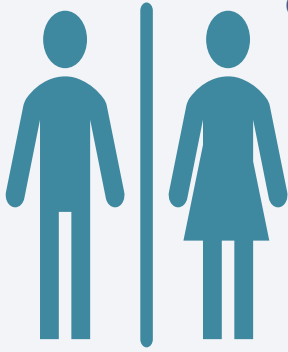
Health Department

In the tapestry of life, good health is the most precious thread, weaving the aspirations of individuals and communities alike. At Hope Spring for All Nations, we staunchly believe that access to quality healthcare is not a privilege but an inalienable right for every individual, regardless of their circumstances. It also seeks to increase access to essential needs (medical, nutritional, and psychosocial support), for women, children, vulnerable persons and remote communities.



Education

At Hope Spring for All Nations, we believe that education is the cornerstone of a thriving society. Our “Education for All” initiative is a beacon of hope, dedicated to breaking down barriers and ensuring that every child, regardless of their background, has access to quality education.



Gender Equality

At Hope Spring for All Nations, we envision a world where every woman is a beacon of strength, resilience, and empowerment.

Our commitment to gender equality is woven into the very fabric of our mission.

We understand that when women thrive, communities flourish.

HSFAN is focus in areas such as, education, financial empowerment, and healthcare.



Women Empowerment

At Hope Spring for All Nations, we believe in the extraordinary resilience and untapped potential that every woman holds. Our Women Empowerment program is a cornerstone of our commitment to fostering gender equality, breaking barriers, and empowering women to shape their destinies.

PROJECT OVERVIEW

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Our Goal

Our goal is to transform the lives of the most vulnerable children, Youths, elderly women/men by breaking the cycle of poverty and building a foundation for sustainable development. Through targeted interventions, education, and empowerment initiatives, we aim to foster resilient communities where everyone has the opportunity to live a life of dignity, health, and well-being, in alignment with the United Nations Sustainable Development Goals (SDGs). We are committed to creating an inclusive, equitable world where hope and love drive us to protect the rights of all and to ensure that no one is left behind.

Key achievements

2022 marked a remarkable year in the Hope Spring for All Nations quest for better living condition within the communities as well as families and in schools. Activities such as providing relief support to 10 internally displaced persons (IDP's) in Mamfe central, Cameroon was carried out in other to address the immediate needs for food and basic household supplies of Internally Displaced Persons at Mamfe Central by providing them with items. After a great interactive and educative discussion, the distribution of relief supplies was donated to each IDP present. They included: 1 bag of rice, ½ bag of flour, 3 liters of oil, 1 packet of sugar, 1 bag of salt, 3 bars of soap, and 1 packet of Maggi seasoning.

We equally carried out an activity on integrated commercial food crop farming for sustainable livelihood an

2

PROJECTS

2023

well-being of 30 internally displaced persons (women) in Mamfe central where we trained the 30 identified IDP women in commercial food crop farming, bookkeeping, and personal evaluation to help them keep records of their growth and continuity, as well as how to record incomes from their farms and convert their farming activities into more revenue-generating ventures to improve their standard of living and equally provided them with corn seeds and cassava stems to support their farming endeavors.

PROJECTS CONDUCTED

PROJECTS |



Providing Relief Support to Internationally Displaced Persons (IDPs) in Mamfe Central, Cameroon

Project overview

This activity report details the provision of relief support to 10 internally displaced persons (IDPs) from the Mamfe community in Cameroon, who were affected by the ongoing conflict creating a critical need for humanitarian assistance. The project sponsored by the founders had a budget of 634,500 FCFA, aimed to address the immediate needs for food and basic household supplies of Internally Displaced Persons at Mamfe Central. This activity prioritizes the fight against hunger, recognizing food as a fundamental human right. Every individual deserves access to sufficient, nutritious food to maintain their health and well-being, the urge to fight against hunger which can lead to malnutrition, impacting both physical and mental health, and hindering individuals' ability to work and contribute positively to society. Furthermore, food insecurity can worsen poverty and inequality, potentially causing social unrest and violence. Therefore, addressing hunger is crucial for building a more just and peaceful world. After a great interactive and educative discussion, the following items were included:

1 bag of rice, ½ bag of flour, 3 liters of oil, 1 packet of sugar, 1 bag of salt, 3 bars of soap and 1 packet of Maggi seasoning.

Objective:

The activity aimed to address the immediate needs of IDPs by providing:

- Food supplies to combat hunger and manage malnutrition.
- Basic household items to support their daily living.

Outcomes of the activity

- Successfully provided immediate relief to 10 IDPs. The project successfully delivered essential supplies to 10 IDPs, alleviating their immediate needs for food and necessities.
- Raised awareness about the detrimental effects of hunger. The activity emphasized the importance of fighting hunger and its devastating consequences on individuals and communities.
- Gained valuable insights into the long-term needs of the IDP community. Interactions with beneficiaries revealed their need for sustainable solutions such as livelihood support, housing, and improved security.

PROJECTS 2

INTEGRATED COMMERCIAL FOOD CROP FARMING FOR SUSTAINABLE LIVELIHOOD AND WELL-BEING OF INTERNALLY DISPLACED PERSONS(WOMEN) IN MAMFE CENTRAL.

Executive summary

The project titled integrated commercial food crop farming for sustainable livelihood and well-being of



Internally Displaced Persons in Mamfe Central is a one-day training program aimed at elevating the well-being of IDPs and fighting hunger through agricultural project in the cultivation of commercial food crop. This project is aimed at giving hope to the IDPs through a means of sustainable livelihood in what they are most comfortable and vests with which is farming. HSFAN now came in to assist them in knowing how to generate income through food crop production by providing them with corn seedlings, cassava stems and training them on how they can sustainably cultivate their crops by maintaining the fertility and productivity of their soil while cultivating. Also, they were trained on book keeping and personal evaluation to keep records of growth and continuity. The project, which was initiated in the month of January 2022 and implemented in the month of March 2022, succeeded in assisting 30 IDPs household heads (women). This act changed their mindset as they could still hope for a better future at the end of the project. HSFAN spent a total of 874,500 FRS in actualizing this project together with SOWEDA who provided the seeds for cultivation.

Objectives

Main objective:

To integrate commercial food crop farming for sustainable livelihood and well-being of IDPs in Mamfe Central.

Specific objectives:

- The project aims to identify IDPs found in Mamfe Central.
- It aims at coming up with the best way in assisting the IDPs gained sustainable livelihood.
- Also, to come up with possible methods the IDPs can fully engage in the chosen livelihood.
- Also, ensure continuity and growth of the business after benefiting from the aid.
- To provide corn seedlings and cassava stems to the IDPs in Mamfe

· **Short-term Impact of the activity**

The activity will for sure record a long-term impact which will be seen after some months and years to come. However, this activity has recorded many short-term impacts, but few will be discussed.

Relationship and trust have been built between partners, the team and its partners and the community heads. Relationship is the core to guarantee progress and efficient sustainability of a project and in situations of forceful movements and insecurity, trust gained go a long way in promoting peace talks and limiting violence in a community.

Also, the project observed a change in the mindset of the IDPs as the donation and training left them hopeful again about life and could fore seen better future while taking care of their families and themselves again. Before, they couldn't get good means of livelihood rather, live on the alms they got from people around them but due to the training and donations, they can get money from doing what they like and feed properly.

Analysis of beneficiaries' view:

We conducted a beneficiary satisfaction survey to get feedback's from the 30 beneficiaries. The result revealed that, 24 beneficiaries (80% of 30) rated their overall satisfaction with our services as "Satisfied" or "Very Satisfied", 21 beneficiaries (70% of 30) indicated that our services had a positive impact on their lives, 25.5 beneficiaries (85% of 30) would recommend our services to others, 18 beneficiaries (60% of 30) provided positive comments about our services in the open-ended feedback section. The result of the satisfaction chart is presented on figure 1 below

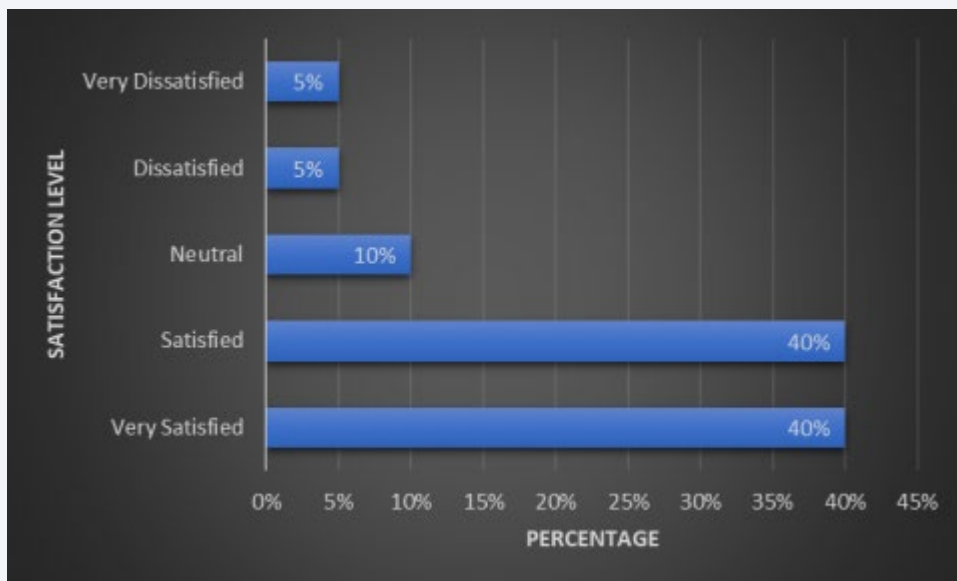


Figure 1: Satisfaction level

Source: Fieldwork

Figure 1 above now represents the distribution of satisfaction levels among the 30 beneficiaries who participated in the survey. 40% were very satisfied and satisfied, 10% were neutral, while 5% were satisfied and very dissatisfied. This shows that out of the 30 beneficiaries surveyed, 24 reported being "Satisfied" or "Very Satisfied" with our services, indicating an overall satisfaction rate of 80%. Additionally, 21 beneficiaries reported a positive impact from our services, representing a rate of 70%. Furthermore, 25.5 beneficiaries expressed a willingness to recommend our services to others, accounting for an 85% recommendation rate. Lastly, 18 beneficiaries provided positive comments in the open-ended feedback section, constituting a rate of 60%. This feedback will continue to guide our efforts in delivering effective and beneficial services to our beneficiaries.

In all, they all were excited and blessed to be given the opportunity to have reliable means of livelihood which guarantees a healthy life and well-being of not only for them but their families at large. They expressed their immense gratitude to the team for coming up with such a brilliant idea and needing help. Some confessed the fear they had after the displacement was what will become of them as they were forced to leave their resident and start up somewhere new. Due to the project, the fear was no more for this ensures their families, not sleeping with an empty stomach.

Success story

The Integrated Commercial Food Crop Farming project in Mamfe Central, Cameroon has had a significant impact on the lives of internally displaced women. By providing them with the opportunity to engage in sustainable farming practices, the project has not only improved their livelihoods but also contributed to their overall well-being. Through training and support, these women have been able to cultivate crops and generate income, enabling them to provide for themselves and their families. Additionally, the relief support provided to internally displaced persons in Mamfe Central has alleviated some of the hardships they have faced due to displacement. This support has helped improve their living conditions and provided them with essential resources for their daily needs.

Acknowledgment

Special thanks to HSFAN board of directors (BOD) for providing the money needed to carry out these projects. We equally appreciate the efforts of HSFAN workers to ensure the success of the projects carried out. Finally, we wish to thank the participants for their collaboration in ensuring the success of this work.

Board of Directors

Janet Alobwede Mesang Espe Sama

Chief Executive Director

Maurice EnowMbi

Executive Director/Financial Manager

Team Members

DIENGA LEOLIN LOBE

Program Manager

ALOBWEDE ELIZABETH ESUNG

Administrative Assistant.

ACHARLE CARINE NTUBE

Research/Training and Development Officer

FRU MARCELINE FONKWAH

Environmental Protection and WASH Officer

Contact Information

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GALLERY FOR ORGANIZATIONAL ACTIVITIES

A. Providing Relief Support to Internally Displaced Persons (IDPs) in Mamfe Central, Cameroon

B. INTEGRATED COMMERCIAL FOOD CROP FARMING FOR SUSTAINABLE LIVELIHOOD AND WELL-BEING OF INTERNALLY DISPLACED PERSONS(WOMEN) IN MAMFE CENTRAL

